



Online Programme for Training on International Management of ISM Code

PROJECT FINISHED SUCCESSFULLY

The last OPTIMISM project meeting and final conference took place in May 2026 in Barcelona, Spain.

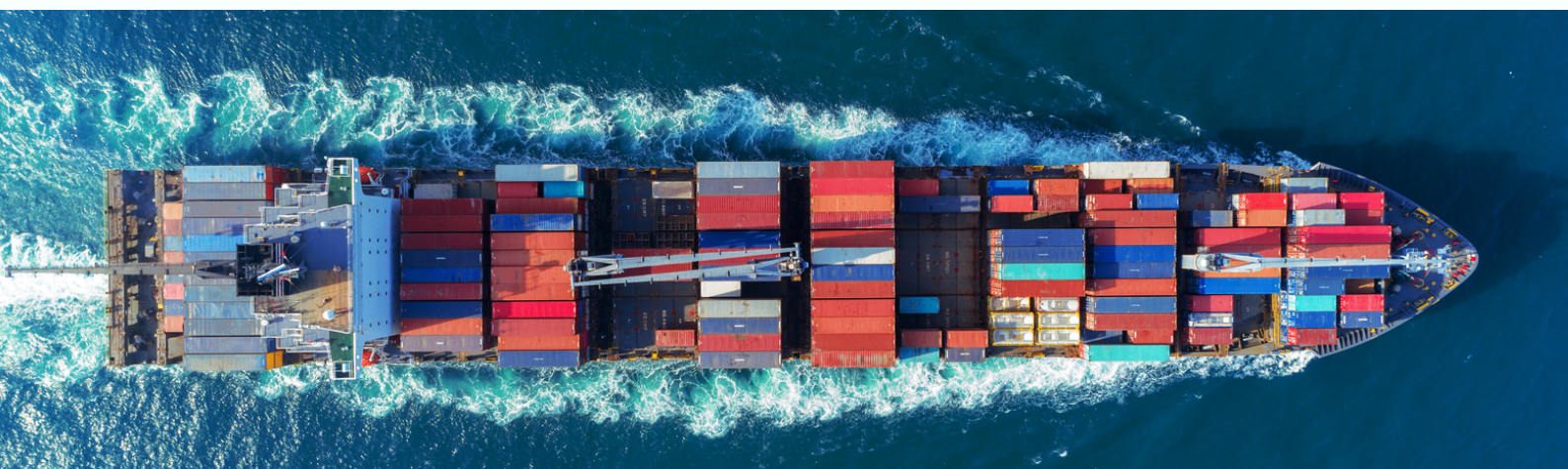
Activities done:

- Development of **data analysis frameworks and course materials**.
- Finalizing of **self-assessment systems, case studies and assignments** for the training programme.
- Further **collaboration with industry and academia stakeholders** to refine the ISM Code's practical application.
- The OPTIMISM partners prepared **papers and publications** in maritime conference proceedings.
- Additionally two books published, available at www.marifuture.org

THE PARTNERS:



UNIVERSITAT POLITÈCNICA
DE CATALUNYA
BARCELONATECH



[HTTPS://WWW.LINKEDIN.COM/SHOWCASE/OPTIMISM-PROJECT](https://www.linkedin.com/showcase/optimism-project)



[HTTPS://WWW.FACEBOOK.COM/PROFILE.PHP?ID=61559472411154](https://www.facebook.com/profile.php?id=61559472411154)



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OPTIMISM WORKHOP 5.3.2026 Gothenburg

The workshop aimed to gather feedback from maritime students and industry representatives regarding safety culture, the implementation of the ISM Code, and future competence needs within the maritime sector. Lively discussions about current challenges, identified competence gaps and proposed improvements that could be addressed through the OPTIMISM training programme.

1. Safety culture

It was consistently emphasised that compliance with the ISM Code alone does not guarantee safe operations. Although procedures and documentation are essential, they must be supported by a genuine safety culture where individuals feel responsible for reporting hazards, communicating openly and learning from incidents. Communication, leadership, teamwork, decision-making under pressure and situational awareness were identified as critical competencies. Participants felt behavioural and organisational aspects deserve greater attention alongside technical competence.

2. Interactive learning methods

Participants preferred case-based learning, group discussions, scenario-based exercises, self-assessment, reflection assignments and practical examples from industry.

Participants supported competence-based assessment combining knowledge tests, written reflections, practical assignments, oral discussions and self-assessment.

Overall Conclusions

The workshop demonstrated strong support for the objectives of the OPTIMISM project.

Finally, the proposed training approach was considered highly relevant and emphasised that strengthening safety culture requires more than regulatory compliance.



WORKSHOP FRAMTIDENS SÄKERHET TILL SJÖSS
05.03.2026 10.00 - 12.00
Sal Trubaduren, Hus Saga, Lindholmen
GOTHENBURG



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OPTIMISM course was approved by the IMarEST for CPD recognition in March 2026



DISSEMINATION EVENTS ON SPRING 2026

- BALTIC SEA REGION PA SAFE OPERATIONAL ADVISORY BOARD ONLINE EVENT 28.4.2026
- RAUMA MASTER MARINER CLUB 15.5.2026
- MARITIME DAY IN MARIEHAMN 21.5.2026
- EUROPEAN MARITIME DAY 21.- 22.5.2026





OPTIMISM Final Conference and Partners meeting

The final conference was successful and gave opportunities to partners to take part in the Maritime Transport Conference (MT26) 27.-29.5.2026 in Barcelona and seek feedback on the project outcomes.

Professor Reza Ziarati successfully presented two papers detailing the outputs of the OPTIMISM project. The presentation generated a very constructive discussion among the attendees.

- Safety and Maritime Environment Protection with Special References to Human Factors I – Learning from ISM Code Audits and PSC Inspections
- Safety and Maritime Environment Protection with Special References to Human Factors II – Learning from Accidents.



Workshops in Poland hosted by MUS

- 30th of June 2026, Gdynia Maritime University
- 6th of July 2026, Szczecin Maritime University

